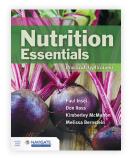
COURSE GUIDE

NUTRITION & DIETETICS

Contact us today to request digital review copies to consider using in your curriculum.





INTRODUCTORY NUTRITION

Nutrition Essentials

Practical Applications
Includes Navigate Advantage Access

Paul Insel, Don Ross, Kimberly McMahon, Melissa Bernstein

ISBN: 9781284251906 Paperback | 750 pages | © 2024



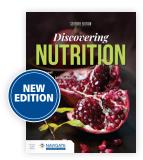
Practical Applications in Sports Nutrition

SEVENTH EDITION

Includes Navigate Premier Access

Heather Hedrick Fink Alan E. Mikesky

ISBN: 9781284284300 Paperback | 550 pages | © 2025



Discovering Nutrition

SEVENTH EDITION

Includes Navigate Advantage Access

Paul Insel, Kimberley McMahon, Melissa Bernstein

ISBN: 9781284300758 Paperback | 750 pages | © 2026



Performance and Clinical Sports Nutrition Case Modules

Includes Navigate 2 Premier Access

Jennifer Ketterly

ISBN: 9781284197556 eBook | © 2021



Nutrition

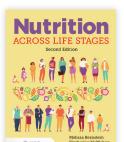
SEVENTH EDITION

Includes Navigate Advantage Access

Paul Insel, Don Ross, Kimberley McMahon, Melissa Bernstein

ISBN: 9781284210958 Hardcover | 1,025 pages | © 2023

LIFF CYCLE NUTRITION



Nutrition Across Life Stages

SECOND EDITION

Includes Navigate eBook Access

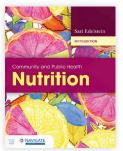
Melissa Bernstein Kimberley McMahon

ISBN: 9781284207323

Paperback | 608 pages | © 2023

EXPLORE OUR COMPLETE CURRICULUM FOR NUTRITION

COMMUNITY & PUBLIC HEALTH NUTRITION



Community and Public Health Nutrition

FIFTH EDITION

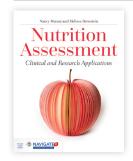
Includes Navigate Advantage Access

Sari Edelstein

ISBN: 9781284234237

Paperback | 488 pages | © 2023

NUTRITION ASSESSMENT



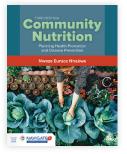
Nutrition Assessment

Clinical and Research Applications Includes Navigate Advantage Access

Nancy Munoz Melissa Bernstein

ISBN: 9781284127669

Paperback | 520 pages | © 2019



Community Nutrition

Planning Health Promotion and Disease Prevention THIRD EDITION

Includes Navigate Advantage Access

Nweze Eunice Nnakwe

ISBN: 9781284108323 Paperback | 582 pages | © 2018

NUTRITION RESEARCH



Nutrition Research

Concepts and Applications SECOND EDITION

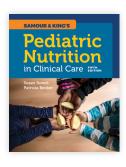
Karen Eich Drummond, Alison Reyes, Natalie K. Cooke, Virginia C. Stage, L. Suzanne Goodell

Includes Navigate eBook Access

ISBN: 9781284227116

Paperback | 450 pages | © 2023

NUTRITION FOR SPECIAL POPULATIONS



Samour & King's Pediatric Nutrition in Clinical Care

FIFTH EDITION

Susan Konek Patricia Becker

ISBN: 9781284146394 Paperback | 696 pages | © 2020



Introduction to Health Research Methods

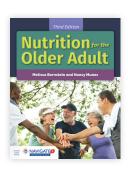
A Practical Guide
THIRD EDITION

Kathryn H. Jacobsen

Includes Navigate eBook Access

ISBN: 9781284197563

Paperback | 404 pages | © 2021



Nutrition for the Older Adult

THIRD EDITION

Includes Navigate Advantage Access

Melissa Bernstein Nancy Munoz

ISBN: 9781284149005 Paperback | 568 pages | © 2020

FOOD SCIENCE



Food Science

An Ecological Approach SECOND EDITION

Includes Navigate Advantage Access

Sari Edelstein

ISBN: 9781284122305

Paperback | 678 pages | © 2019

EXPLORE OUR COMPLETE CURRICULUM FOR NUTRITION

NUTRITION COUNSELING & EDUCATION



Nutrition Counseling and Education Skills

A Practical Guide EIGHTH EDITION

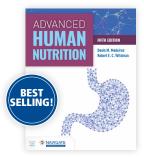
Includes Navigate Advantage Access

Judith A. Beto, Betsy B. Holli, Academy of Nutrition & Dietetics

ISBN: 9781284238532

Paperback | 450 pages | © 2024

ADVANCED HUMAN NUTRITION & METABOLISM & DISEASE



Advanced Human Nutrition

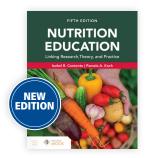
FIFTH EDITION

Includes Navigate Advantage Access

Denis M. Medeiros Robert Wildman

ISBN: 9781284235135

Paperback | 470 pages | © 2023



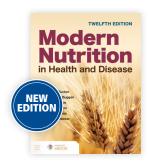
Nutrition Education

Linking Research, Theory, and Practice
FIFTH EDITION

Isobel R. Contento, Pamela A. Koch

ISBN: 9781284299489

Paperback | 650 pages | © 2026



Modern Nutrition in Health and Disease

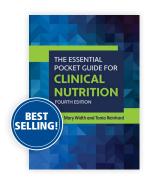
TWELFTH EDITION

Katherine L. Tucker, Christopher P. Duggan, Gordon L. Jensen, Karen E. Peterson, A. Catherine Ross, Riva Touger-Decker

ISBN: 9781284264432

Hardcover | 1,600 pages | © 2026

CLINICAL NUTRITION



The Essential Pocket Guide for Clinical Nutrition

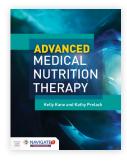
FOURTH EDITION

Mary Width Tonia Reinhard

ISBN: 9781284288582

Paperback | 575 pages | © 2025

MEDICAL NUTRITION THERAPY



Advanced Medical Nutrition Therapy

Includes Navigate Premier Access

Kelly Kane Kathy Prelack

ISBN: 9781284042634

Hardcover | 812 pages | © 2019

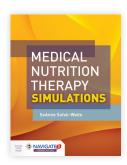


Clinical Case Studies for the Nutrition Care Process

SECOND EDITION

Elizabeth Zorzanello Emery

ISBN: 9781284157208 Navigate 2 eBook | © 2021



Medical Nutrition Therapy Simulations

Includes Navigate Premier Access

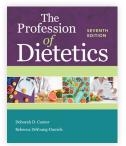
SeAnne Safaii-Waite

ISBN: 9781284161076

Paperback | 138 pages | © 2019

DIETETICS PRACTICE

INTRODUCTORY DIETETICS



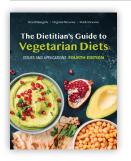
The Profession of Dietetics SEVENTH EDITION

Deborah D. Canter Rebecca DeYoung-Daniels

ISBN: 9781284200188

Paperback | 270 pages | © 2022

DIETETICS RESOURCES



The Dietitian's Guide to Vegetarian Diets

Issues and Applications
FOURTH EDITION

Reed Mangels, Virginia Messina Mark Messina

ISBN: 9781284211108

Paperback | 600 pages | © 2022

ENSURE ALL STUDENT ARE READY ON DAY ONE WITH INCLUSIVE ACCESS

Jones & Bartlett Learning is pleased to join our premier partners in providing our best-selling textbooks in inclusive, day-one access formats.

Why Offer Day-One Inclusive Access?

CLASS PREPAREDNESS

Ensure students have access to course materials on the first day of class Students can opt-out as needed before the add/drop period

AFFORDABILITY

Ensure your offering the best price on course materials. Financial aid will apply.

CAMPUS BOOKSTORE SALES

Drive 100% of textbook sales through your campus store

IMPROVED STUDENT OUTCOMES

With enriched eBooks in hand from day-one, students have the resources they need for success.



Learn more at jblearning.com/inclusiveaccess or contact your rep today at: www.jblearning.com/contact

