- **Scope of practice** is spelled out in state nurse practice acts and must be carefully monitored to reduce potential liability.
- **Standard of care** means a professional nurse must speak, write, and act legally, ethically, and responsibly.
- **Veracity** includes telling the client the truth.

Leadership Development Exercises

Leadership Development Exercise 10-1

Discuss the most ethical response to the following situations with at least three other learners, and give a rationale for your answer based on information in this chapter.

a. A new RN who believes in information taught in class but observes a teacher breaking technique
b. An RN who observes a physician acting in such a way that could result in a misdiagnosis
c. A nurse leader who observes another nurse or physician displaying inappropriate behavior with a client or family member of a client
d. A nurse leader who observes a nurse who is a friend of a physician performing procedures outside her scope of practice

Leadership Development Exercise 10-2

Go back and see if your answers were different based on whether they included an RN observer or a nurse leader observer. If they were different, give a rationale for your answers based on information in this chapter. If they were not different, explain why you believe RNs and nurse leaders should be held to the same code of ethics.

Leadership Development Exercise 10-3

a. Choose a belief or value you hold.
b. Write down as many ways as you can to demonstrate that value or belief.
c. Seek opportunities for modeling your beliefs and values even when they differ from those of others.
d. Journal about your experiences.
e. Share what happened with at least two other nursing students or nurses.
f. Have you considered it your place to challenge either the structure of your healthcare system or the official or unofficial rules guiding that system? Discuss with at least two other nursing students or nurses why such action may be part of a nurse's role and how the idea may create tension among nurses.

Leadership Development Exercise 10-4

a. Perform a negotiation process with a client, supervisor, supervisee, friend, or family member.
b. During the negotiation, look for the other person's point of view, and try to understand it. Ask questions until you thoroughly understand.
c. Help the other person understand your point of view by discussing it directly and honestly and giving any information to back up your viewpoint.
d. Indicate to the other person that you have heard the other point of view by maintaining good eye contact and summarizing the key points that you agree on.
e. Write down what happened, and share your experience with at least two other students; ask for feedback and suggestions.

Leadership Development Exercise 10-5

If you haven't already, investigate the proposal for a national nurse at http://www.nationalnurse.blogspot.com. Then:

a. Choose an activity to become involved in.
b. Share your experience with at least three other colleagues.
c. Obtain feedback.

Advanced Leadership Development Exercises

Leadership Development Exercise 10-6

Teach legal, ethical, and/or political skills to student nurses in an undergraduate leadership course or LPN students. Share your results with at least two other students in your leadership class, and ask for feedback.

Leadership Development Exercise 10-7

Formulate a problem statement for a nursing project related to legal, ethical, or political issues. Share your results with at least two other learners in your class, and ask for feedback.

Leadership Development Exercise 10-8

Design a research project related to a legal, ethical, or political issue. Share your design with at least two other learners in your class, and ask for feedback.

References

Albarran, J. W. (1995). Should nurses be politically aware? *British Journal of Nursing*, *4*, 461–465.

American Nurses Association. (1995). *Nursing's social policy statement*. Washington, DC: Author.