

Assessing My Transformation and Authentic Self

Directions: For each item, check whether you never, sometimes, or always practice or believe in the approach.

	Never	Sometimes	Always
1. I demonstrate care for others through sincere, practical deeds.	___	___	___
2. I maintain consistency between words and actions.	___	___	___
3. I'm willing to admit when I'm wrong and move past it.	___	___	___
4. I treat other people as equal partners.	___	___	___
5. I'm willing to spend time building professional relationships with others.	___	___	___
6. I focus on doing what is right, not what other people tell me to do.	___	___	___
7. I'm driven by a sense of a higher calling.	___	___	___
8. I find a sense of meaning in my everyday work.	___	___	___
9. I promote values that transcend self-interest and profit.	___	___	___
10. I focus on finding a sense of purpose and direction.	___	___	___
11. I make sure everyone has a clear understanding of our shared vision.	___	___	___
12. I lead by positive personal example.	___	___	___
13. I allow myself to experiment and be creative.	___	___	___
14. I am trustworthy and trust others.	___	___	___
15. I am reliable; when I say I'll do something, I do it.	___	___	___
16. I work to empower others.	___	___	___
17. I support clear communication and collaboration.	___	___	___
18. I make sure everyone who's involved gets a say in decisions affecting them.	___	___	___
19. I act to encourage a feeling of physical and emotional safety wherever I am.	___	___	___
20. I provide others with meaningful recognition for their achievements.	___	___	___
21. I try to bring a sense of family and cheer to fellow students and workers.	___	___	___
22. I allow others to be true to their core values, preferences, and emotions.	___	___	___
23. I share my life stories with colleagues so we understand each others' perspectives.	___	___	___
24. I reduce my stress by engaging in meditation, prayer, hobbies, and other stress-reducing activities.	___	___	___
25. I show others my principles, values, and ethics through my actions.	___	___	___

Assessing My Transformation and Authentic Self *(continued)*

Scoring: *The more instances of always you checked, the more you are in tune with transformational and authentic leadership values. For each sometimes or never, make a plan to participate in new activities to learn the skills or attitude change you need to become a transformational and authentic leader.*

Write your plan here:

Item #: ___ Plan:

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