Candidate: _____ Date: _____

ID#: _____

Skill Drill 20-4 Removing a Helmet

Task: Remove a helmet.					
Performance Observations: The candidate shall be able to correctly remove a helmet.					
Candidate Directive: "Properly remove a helmet."					
No.	**Task Steps**	**First Test**		**Retest**	
		P	F	P	F
1.	Kneel down at the patient's head with your partner at one side. Open the face shield to assess airway and breathing. Remove eyeglasses if present.				
2.	Prevent head movement by placing your hands on either side of the helmet and fingers on the lower jaw. Have your partner loosen the strap.				
3.	Have your partner place one hand at the angle of the lower jaw and the other at the occiput.				
4.	Gently slip the helmet about halfway off, then stop.				
5.	Have your partner slide the hand from the occiput to the back of the head to prevent it from snapping back.				
6.	Remove the helmet, and stabilize the cervical spine. Apply a cervical collar and secure the patient to a long backboard. Pad as needed to prevent neck flexion or extension.				
Retest Approved By:		Retest Evaluation:			

Evaluator Comments: _____

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Evaluator Date

Candidate Comments: _____

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Candidate Date

_____ _____

Retest Evaluator Date

_____ _____

Retest Candidate Date

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