

Candidate: _____ Date: _____

ID#: _____

Skill Drill 20-1 Immobilizing a Patient to a Long Backboard

Task: Immobilize a patient to a long backboard.					
Performance Observations: The candidate shall be able to correctly immobilize a patient to a long backboard.					
Candidate Directive: "Properly immobilize a patient to a long backboard."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Apply and maintain cervical stabilization. Assess distal functions in all extremities.				
2.	Apply a cervical collar.				
3.	Rescuers kneel on one side of the patient and place hands on the far side of the patient.				
4.	On command, rescuers roll the patient toward themselves, quickly examine the back, slide the backboard under the patient, and roll the patient onto the backboard.				
5.	Center the patient on the board.				
6.	Secure the upper torso first.				
7.	Secure the chest, pelvis, and upper legs.				
8.	Begin to secure the patient's head by using a commercial immobilization device or rolled towels.				
9.	Place tape across the patient's forehead.				
10.	Check all straps and readjust as needed. Reassess distal functions in all extremities.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: _____

Candidate Comments: _____

Evaluator

Date

Candidate

Date

Retest Evaluator

Date

Retest Candidate

Date