

Candidate: _____ Date: _____

ID#: _____

Skill Drill 6-3 Performing the Detailed Physical Exam

Task: Perform the detailed physical exam.					
Performance Observations: The candidate shall be able to correctly perform the detailed physical exam.					
Candidate Directive: "Properly perform the detailed physical exam."					
No.	Task Steps	First Test		Retest	
		P	F	P	F
1.	Assess the face.				
2.	Inspect the area around the eyes and eyelids.				
3.	Examine the eyes for redness and contact lenses. Check pupil reaction.				
4.	Look behind the ears for Battle's sign.				
5.	Check the ears for drainage or blood.				
6.	Observe and palpate the head.				
7.	Palpate the cheek bones.				
8.	Palpate the upper and lower jaw.				
9.	Assess the mouth and nose.				
10.	Check for unusual breath odors.				
11.	Inspect the neck.				
12.	Palpate the front and back of the neck.				
13.	Observe for jugular vein distention.				
14.	Look for equal chest rise and fall.				
15.	Gently palpate over the ribs.				
16.	Listen to anterior breath sounds (midaxillary, midclavicular).				
17.	Listen to posterior breath sounds (bases, apices).				
18.	Observe the abdomen and pelvis.				
19.	Gently palpate the abdomen.				
20.	Gently compress the pelvis from the sides.				
21.	Gently press the iliac crests.				
22.	Inspect the extremities; assess distal circulation and motor and sensory function.				
23.	Log roll the patient and inspect the back.				
Retest Approved By: _____			Retest Evaluation: _____		

Evaluator Comments: _____

Candidate Comments: _____

Evaluator

Date

Candidate

Date

Retest Evaluator

Date

Retest Candidate

Date