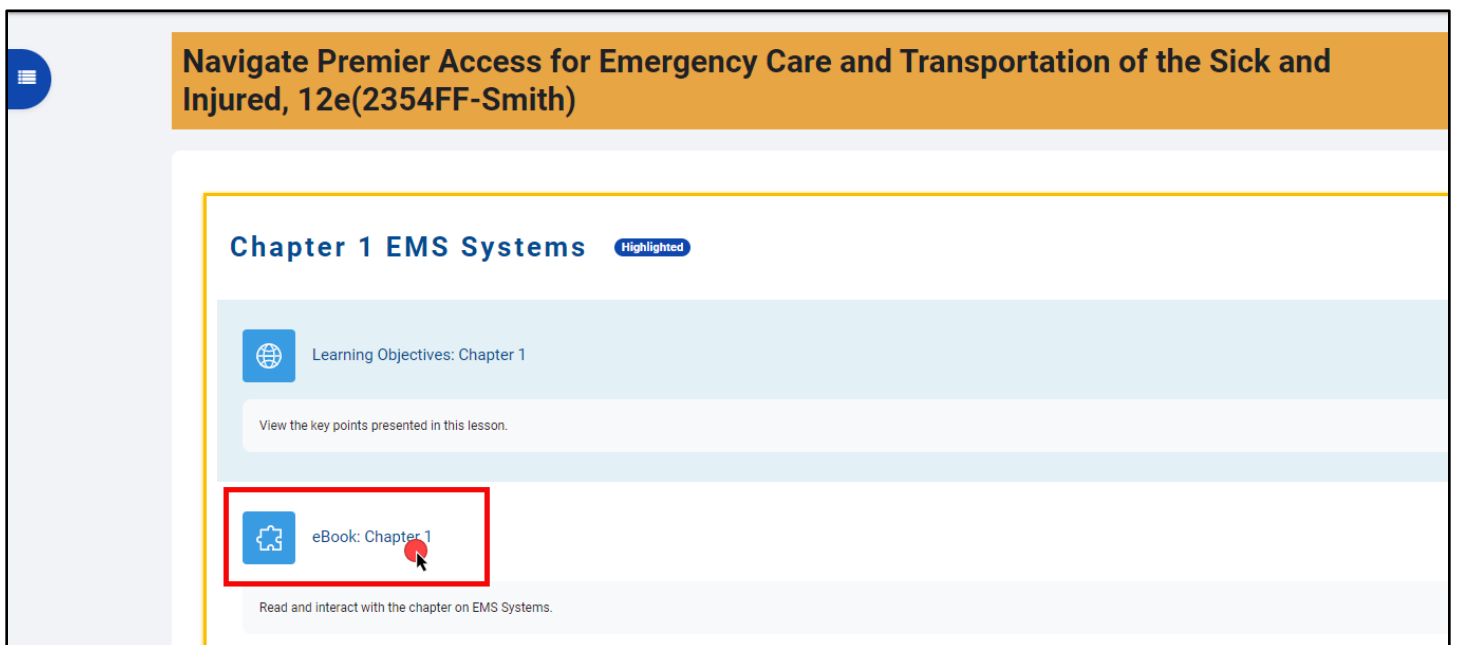


How to Use the eBook - Student

*This document contains a walkthrough of a variety of features within the eBook, such as annotations, text-to-speech, and bookmarking. It is intended to show students how to make the most of the eBook's capabilities. **Please note: eBook features and asset types will vary by title.***

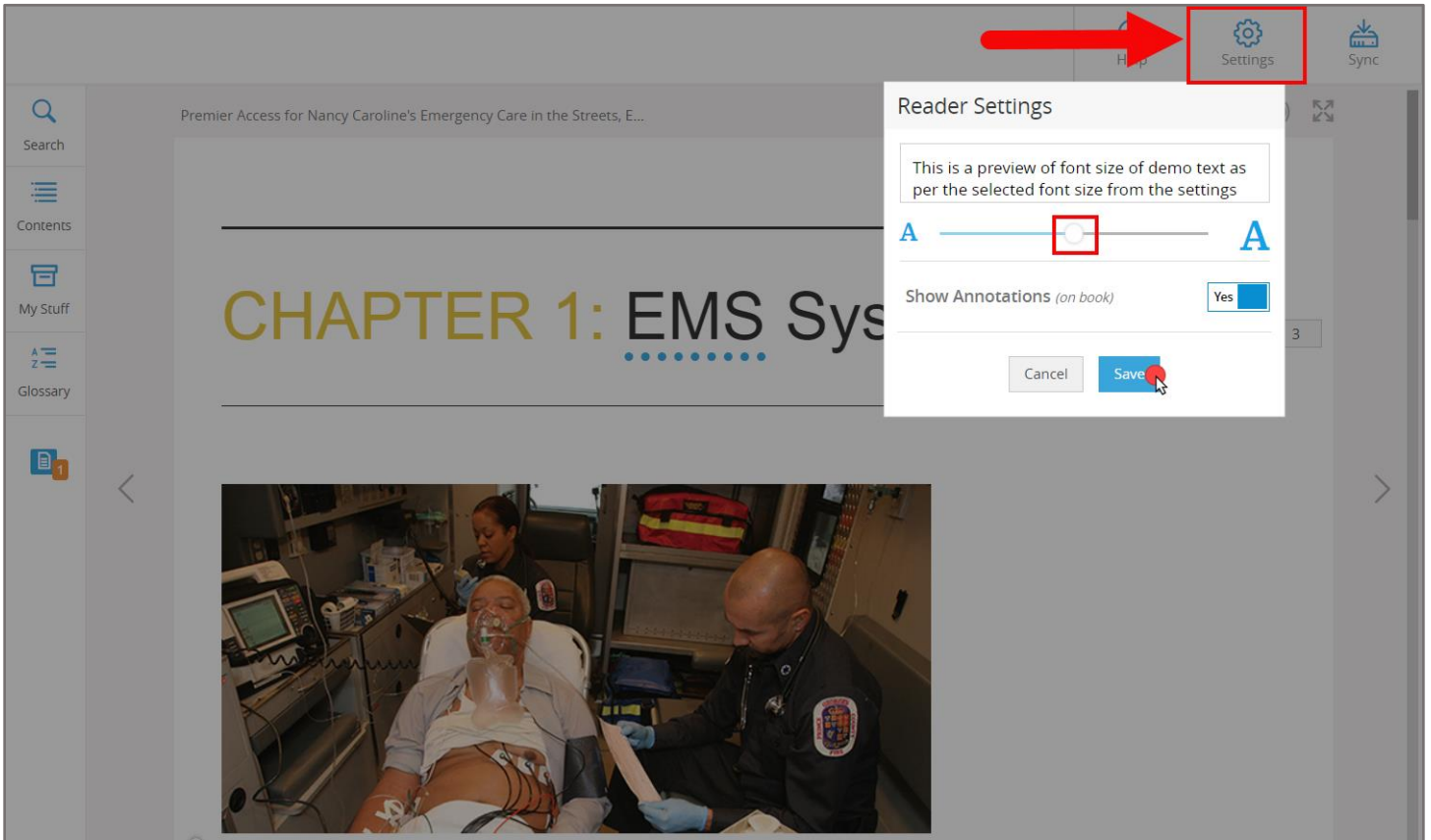
1. eBooks may be available as a standalone product launched directly from either within your user account or from within your Navigate course by clicking on an eBook chapter link.
2. To open the eBook from within your Navigate course, navigate to the chapter you would like to open and click on the chapter's **eBook** link.




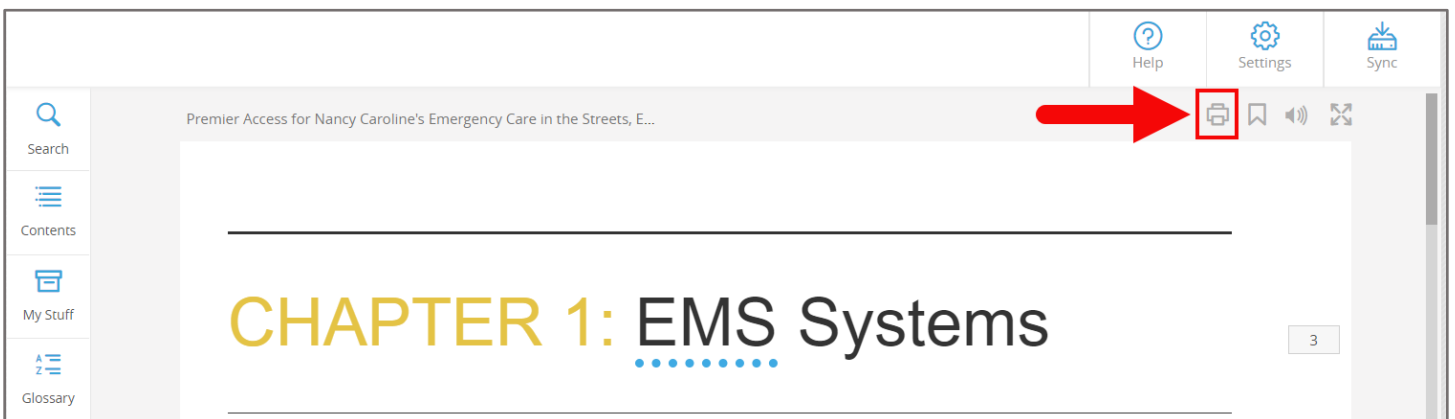
The screenshot shows a web interface for 'Navigate Premier Access for Emergency Care and Transportation of the Sick and Injured, 12e(2354FF-Smith)'. The main content area is titled 'Chapter 1 EMS Systems' with a 'Highlighted' badge. Below this, there is a section for 'Learning Objectives: Chapter 1' with a globe icon and a button to 'View the key points presented in this lesson.' At the bottom, there is a section for 'eBook: Chapter 1' with a puzzle piece icon and a red box highlighting the link. A mouse cursor is pointing at the link. Below this link, there is a button to 'Read and interact with the chapter on EMS Systems.'


3. The first page of the selected chapter will load in a new tab within your web browser. If this is your first time opening the eBook, take a moment to explore and learn about the features available using the tour overlay.

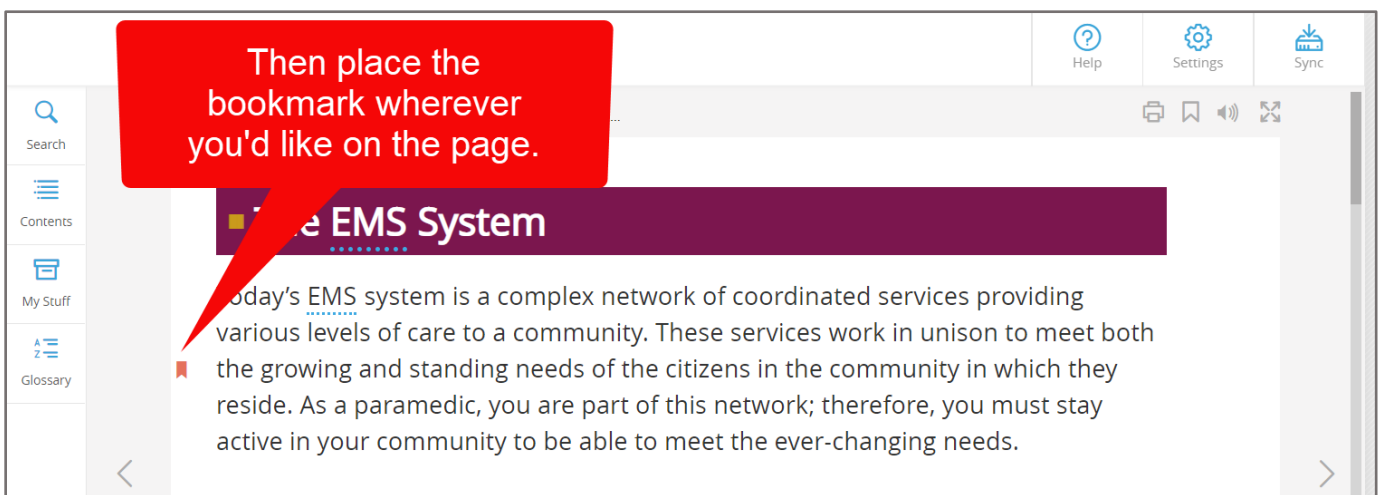
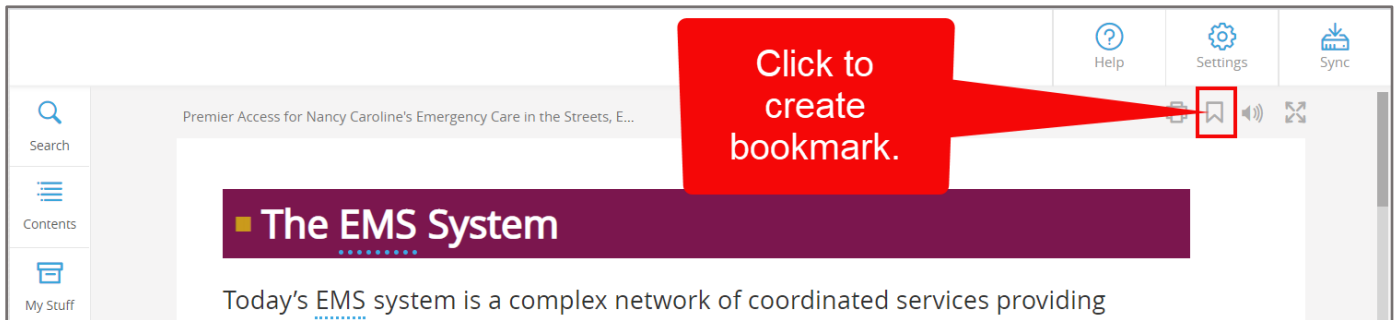
4. The **Settings** button provides the option to expand or reduce text size to suit your reading preference. To toggle the text size, click and drag the button on the scale left or right while viewing the text size in the preview section provided, then click **Save** to apply the adjusted size.



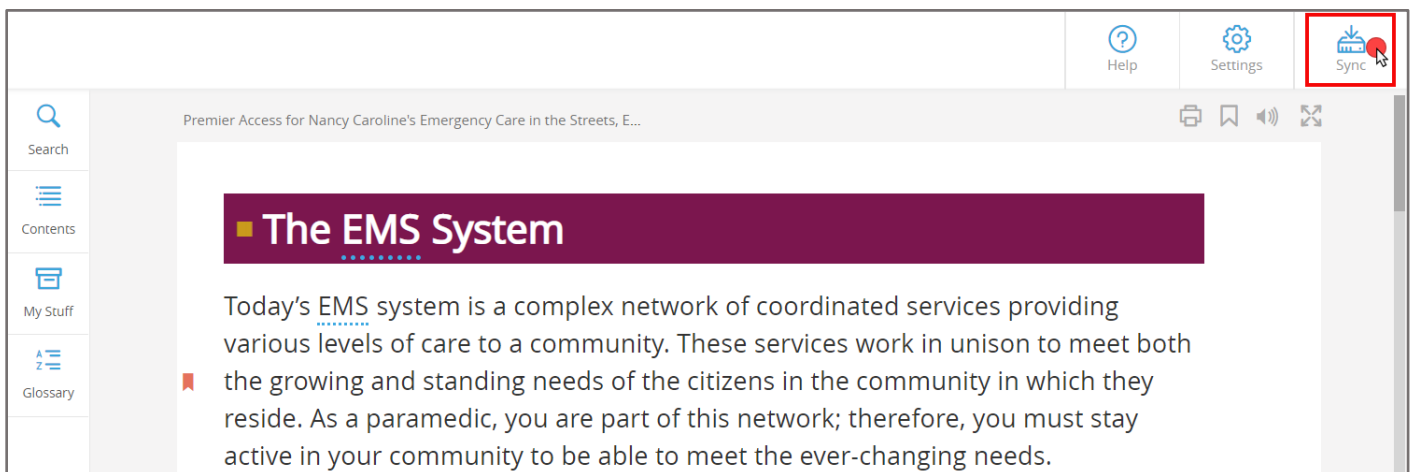
5. The **Print** button  may be used to print the desired pages of the chapter section you are viewing.




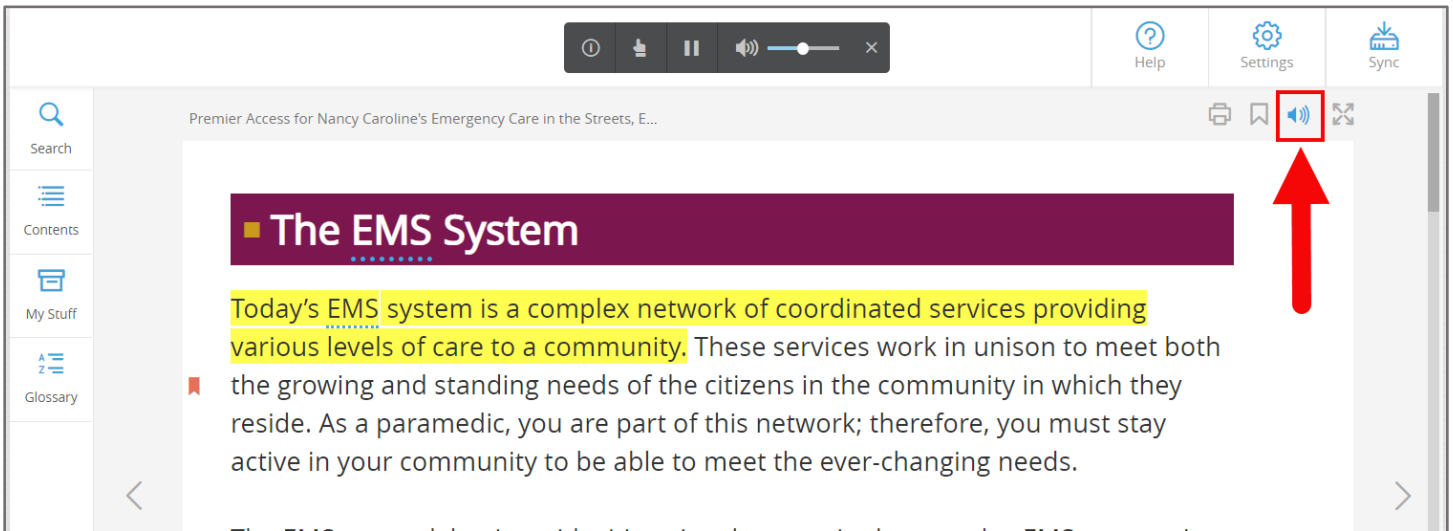
6. The **Bookmark** button is a tool used to save a reference point on the page, providing you with a quick link to return to the exact location that you choose. To create a bookmark, click the bookmark button  first and then click on the desired location of the page to apply it.



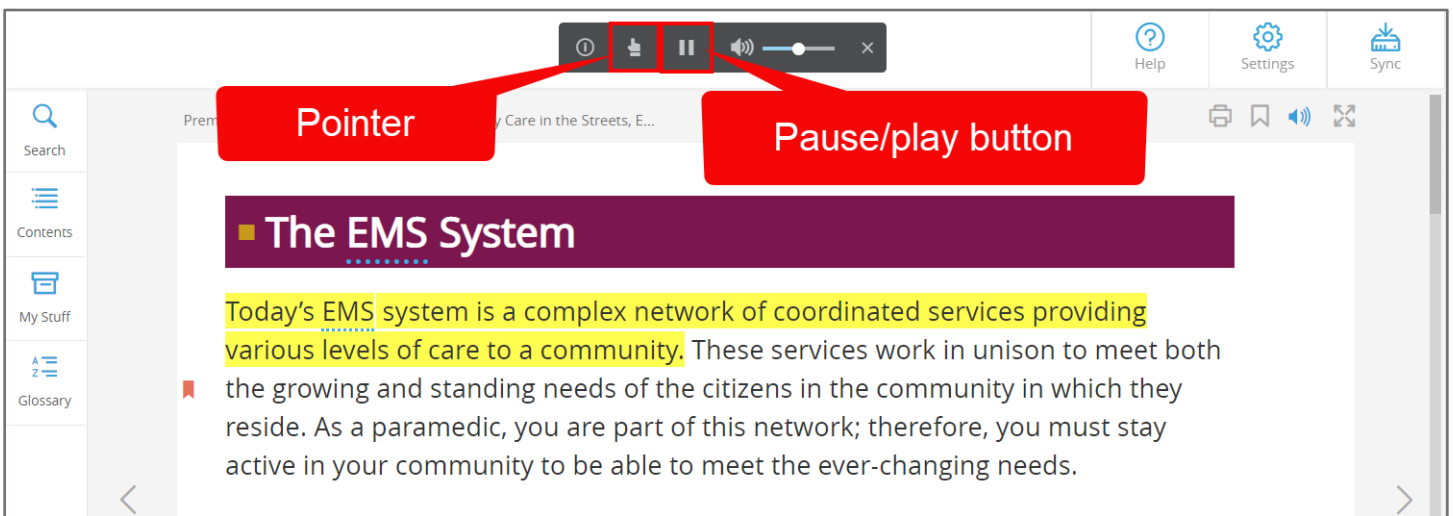
7. Next, click the **Sync** button at the top right of the page to save your progress. It is a recommended best practice to click Sync after creating any bookmarks or annotations as you read the eBook.



8. The **Listen** button  will enable the eBook screen-reader and highlight text as it is read aloud.

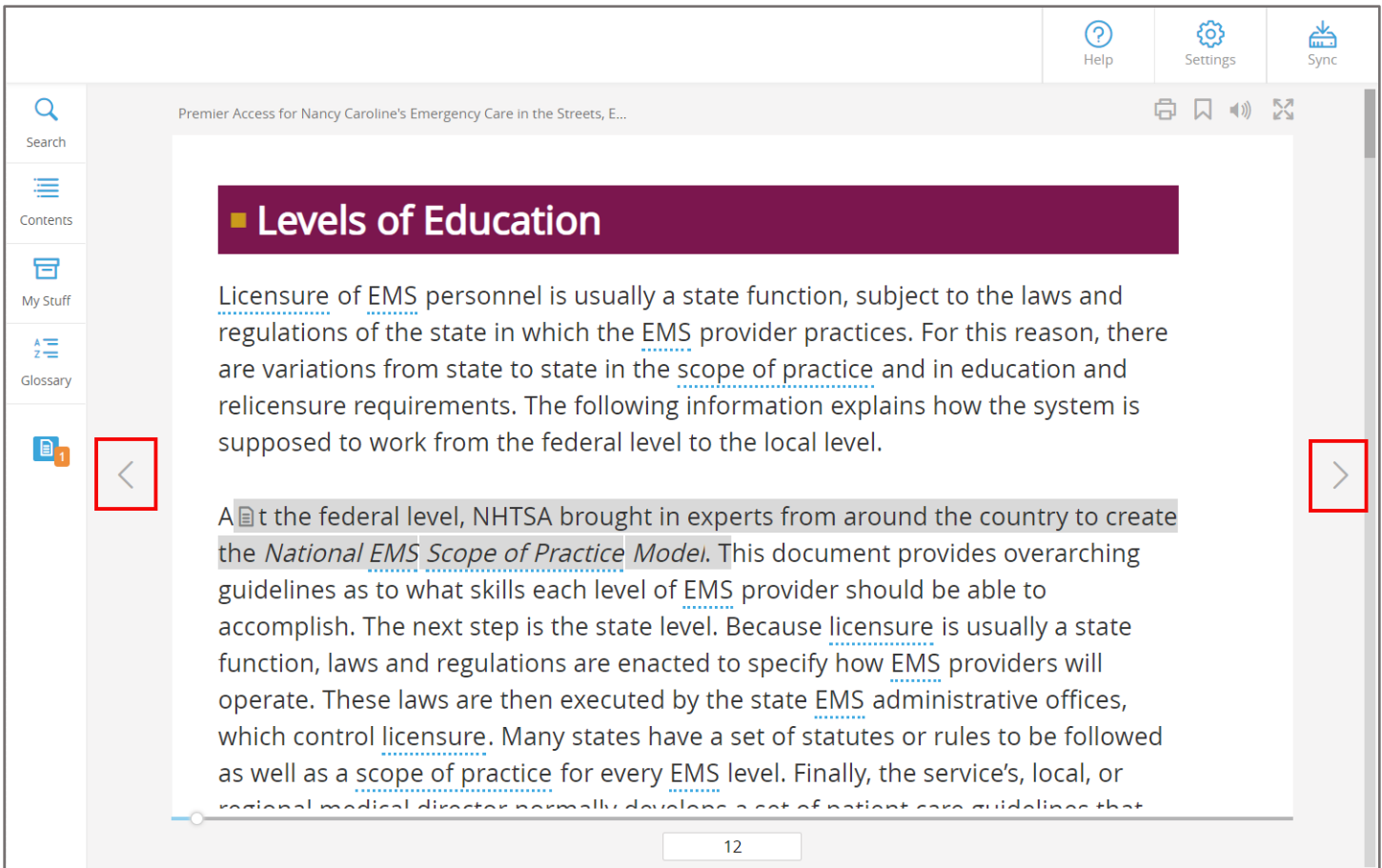


9. You may pause the reading at any time using the **Text-to-speech toolbar** displayed at the top of the page. You may select the **Pointer** button within the toolbar and then click on a specific sentence for it to be read aloud.

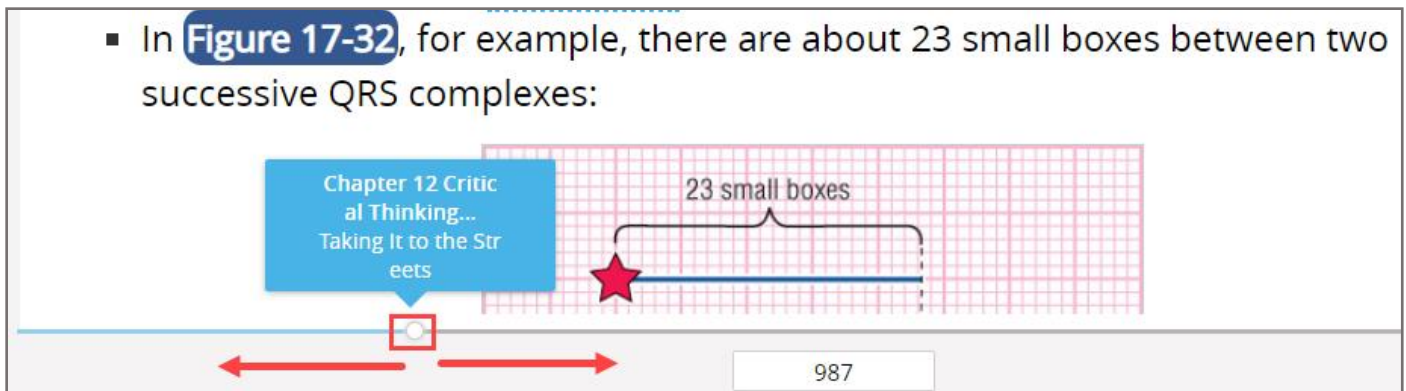


10. Use the **Arrow** buttons  to the left and right of the page to navigate from page to page.

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11. Alternatively, you may use the **Scrollbar** at the bottom of the page to jump to any desired section of the eBook and refer to the scrollbar as an indicator of your progress.



12. As you read, you may encounter underlined glossary terms within the text. You may click on the terms to view their definition in a resulting popup window.

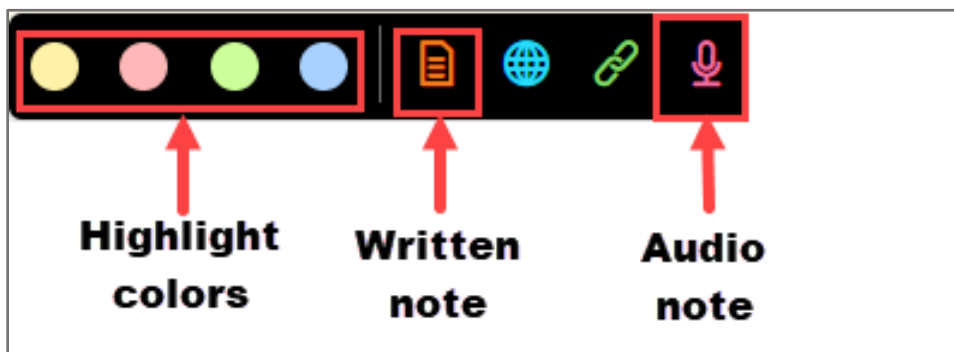
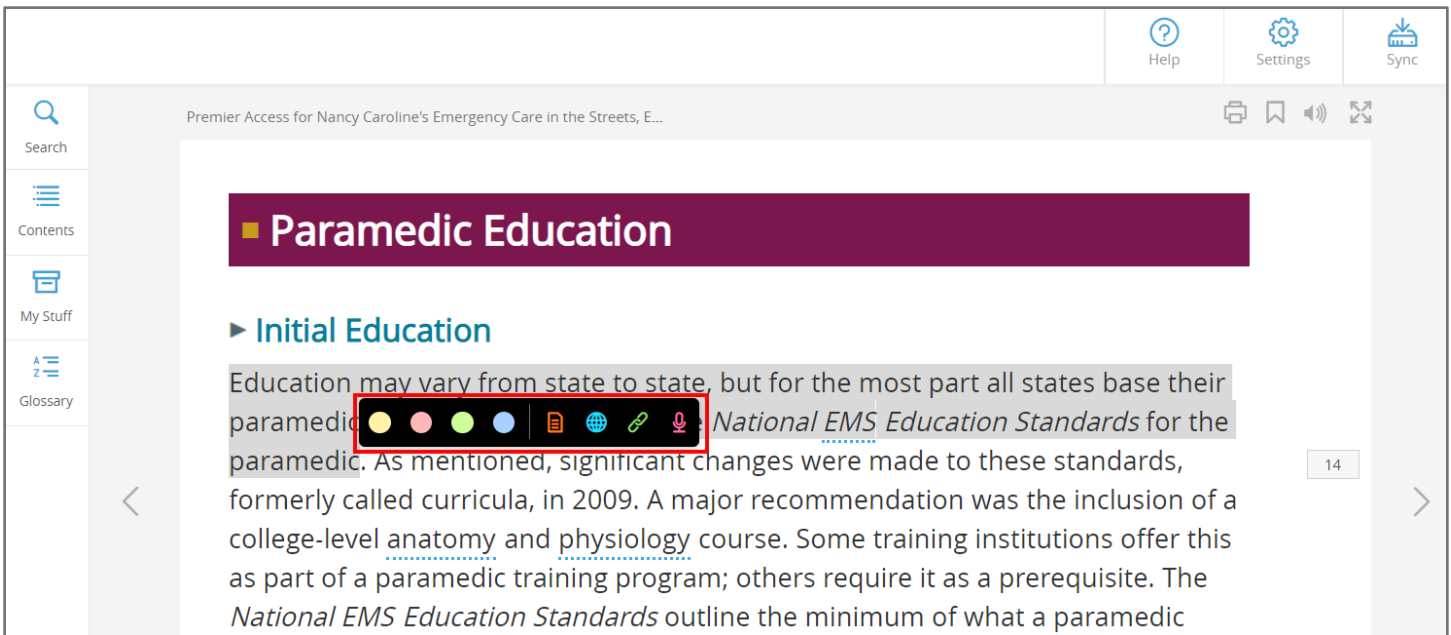
Examples of patients in (injuries or illnesses):

multisystem trauma

Trauma caused by generalized mechanisms which affect numerous body systems.

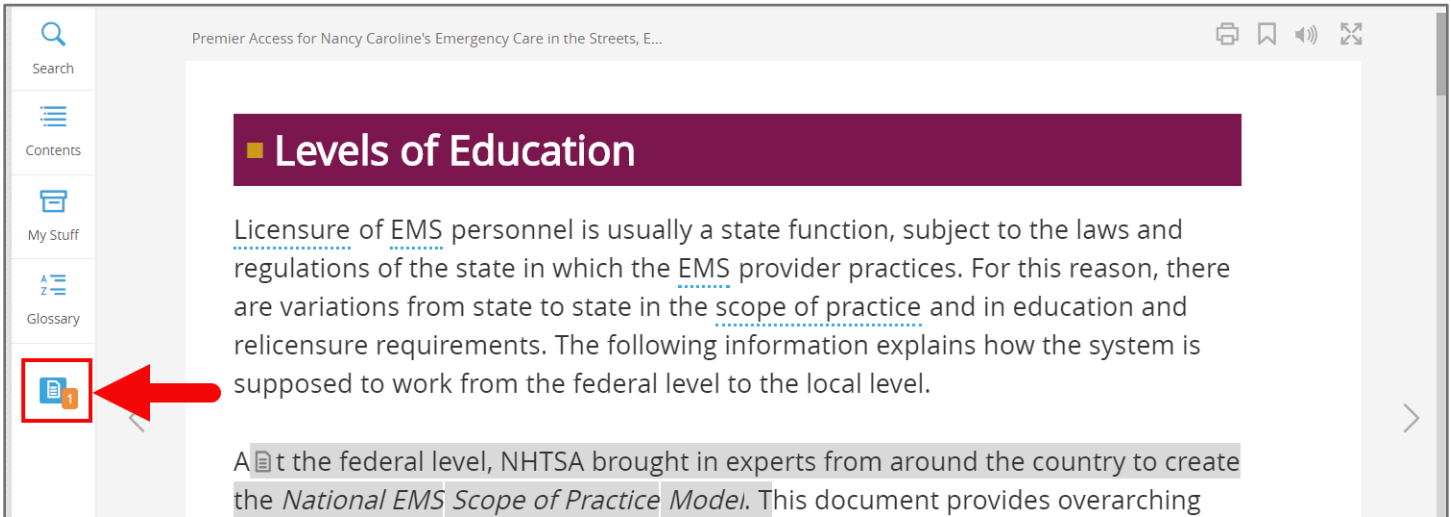
- Serious multisystem trauma
- Acute presentations of "first-time" medical events
- Multiple disease etiologies

13. Highlighting any section of text with your cursor will prompt an **Annotation Toolbar** to open, which may be used to highlight the text or to create written or recorded audio notes.



14. When you leave a note, the selected text will highlight in grey and display a notation icon at the beginning of the section. This shows that a note is available to review for the highlighted text. A

note icon at the bottom of the left-hand toolbar will reveal the presence and number of notes created on a given page.



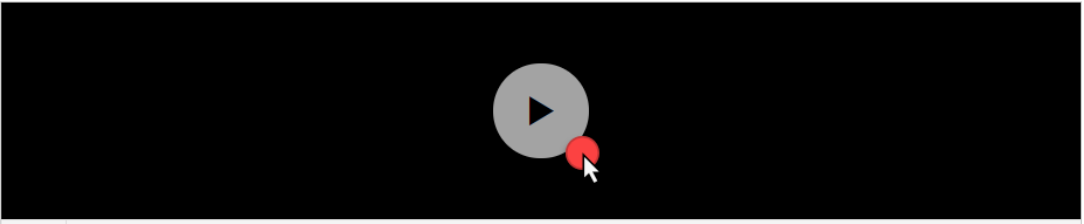
15. After creating annotations and before closing the eBook, it is important to click the **Sync** button at the top right of the page to ensure all changes are saved for your next session.



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16. All supporting media resources, such as images, videos, animations, and audio clips, are embedded in-line with the text where applicable and may be launched or played with a click of your mouse.

Body Mechanics



Patient Lifting

As a paramedic, you will be required to lift and move a variety of patients. Some patients are small and lightweight, whereas others may have significant obesity. You can develop a number of habits to prepare yourself to safely lift most weight ranges, including the following actions:

17. Concluding chapter sections in select titles include **Knowledge Check** questions, which may be used to self-evaluate your reading comprehension. Knowledge Checks are not graded and may be attempted an unlimited number of times.

Epidemiology involves:

- watching over society and collecting and analyzing data.
- measures of the number of nonfatal injuries and subsequent disability.
- information regarding the number and nature of medical calls compare to the expected volume of calls.
- the study of the causes, patterns, prevalence, and control of disease in groups of people.

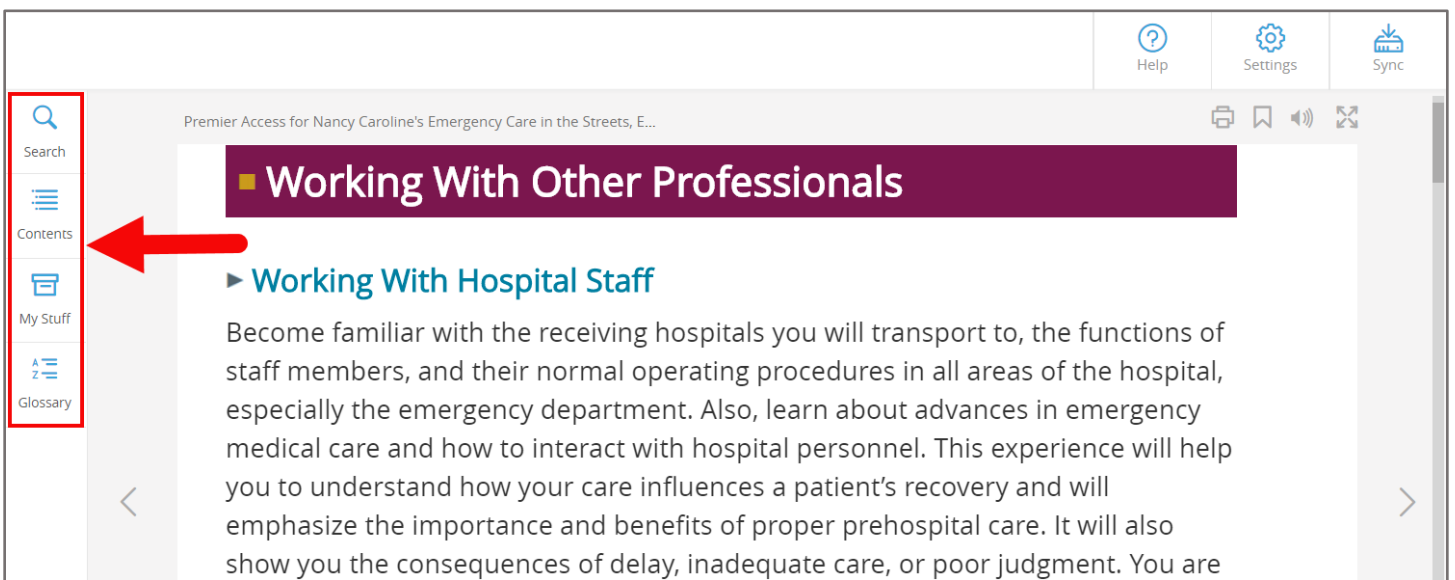
Reset Check

? Knowledge Check 3.11

18. At the end of each chapter in select titles is a comprehensive **eBook Quiz**, which allows 5 attempts total, the highest of which will be reported to the Navigate Gradebook.

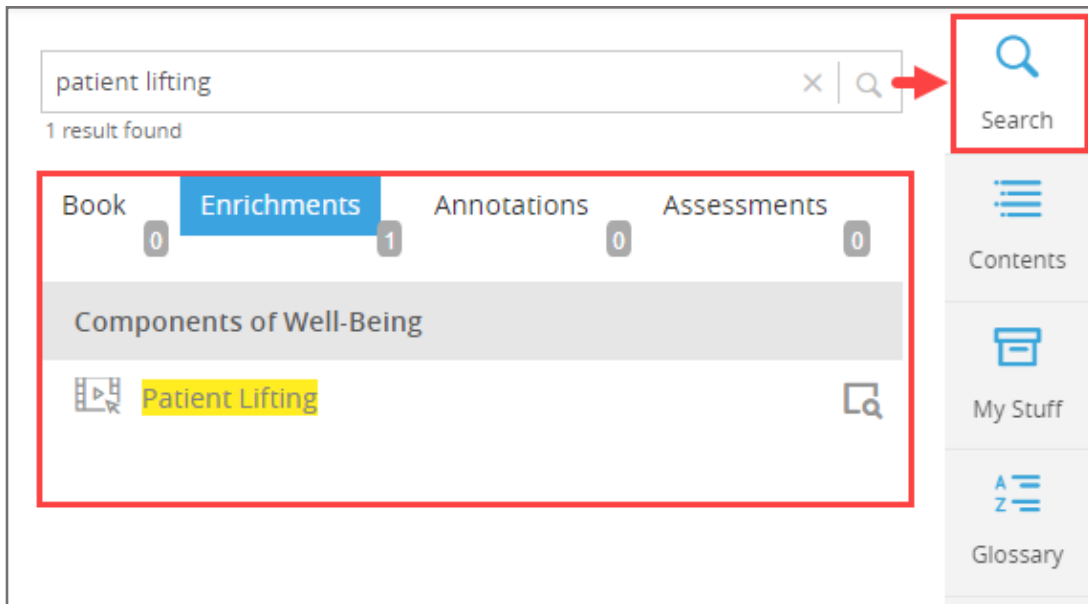


19. The left side of the page hosts additional navigation tools.

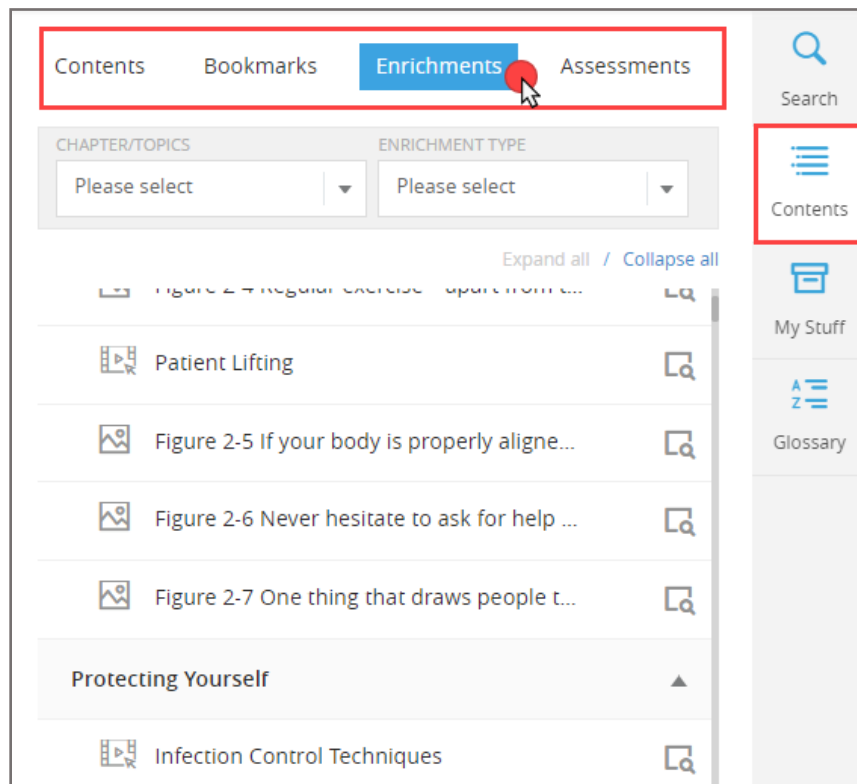


20. The **Search** option may be used to locate keywords found in the eBook text, media, your annotations, or quizzes when applicable.



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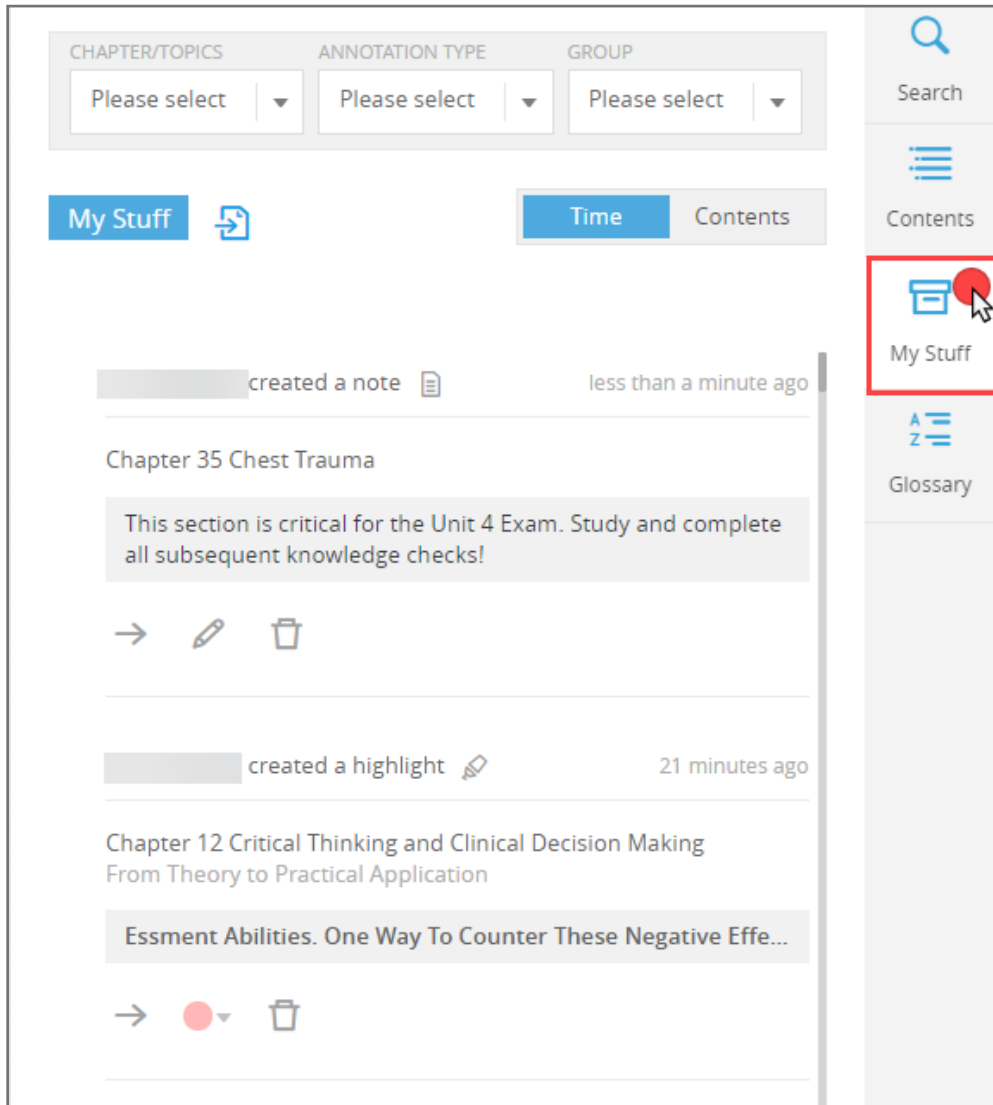


21. Under the **Contents** tab, you may use the interactive Table of Contents to jump to any section of the eBook. You will also find other subtabs here cataloging your bookmarks, eBook enrichments, such as videos and animations, and assessments where applicable.



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22. The **My Stuff** tab provides a catalogue of all your annotations created to date, including all highlights and notes taken. These may be browsed and clicked on to jump directly to them. You may also delete  or edit  your annotations from this tab as needed.



CHAPTER/TOPICS ANNOTATION TYPE GROUP

Please select Please select Please select

My Stuff Time Contents

Search

Contents

My Stuff

Glossary

created a note less than a minute ago

Chapter 35 Chest Trauma

This section is critical for the Unit 4 Exam. Study and complete all subsequent knowledge checks!

→ ✎ 🗑️

created a highlight 21 minutes ago

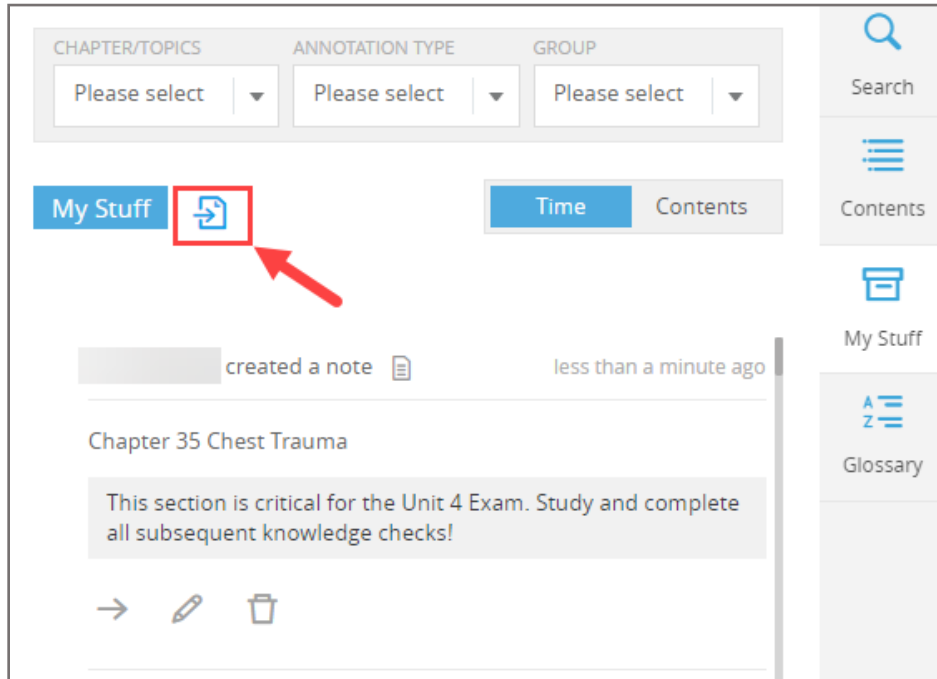
Chapter 12 Critical Thinking and Clinical Decision Making From Theory to Practical Application

Essment Abilities. One Way To Counter These Negative Effe...

→ ● 🗑️

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23. All annotations can be exported to an external document by clicking the **Export** button within the **My Stuff** tab. The file can be saved to your computer and/or printed.



24. Finally, the **Glossary** button can be clicked to open the eBook glossary to review the definitions of all key terms identified in the text.

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A

abandonment

Unilateral termination of care by the EMT without the patient's consent and without making provisions for

[more ▾](#)

abdomen

The body cavity that contains the major organs of digestion and excretion. It is located below the

[more ▾](#)

abdominal aortic aneurysm (AAA)

A rapidly fatal condition in which the walls of the aorta in the abdomen weaken and blood leaks into the

[more ▾](#)

abdominal-thrust maneuver

The preferred method to dislodge a severe airway obstruction in adults and children; also called the

[more ▾](#)

abduction

Motion of a limb away from the midline.

abrasion

A

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J

K

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T

U

V


W


X


Y


Z

#

 Search

 Contents

 My Stuff

 Glossary